BEST PRACTICE CATALOG

Project Title: **COMPUTER-ASSISTED TREATMENT PLAN (CATPA)**

Function Category: ☒ **PATIENT-FOCUSED** ☐ **ORGANIZATION** ☐ **STRUCTURES**

Subcategory: **Care of Patients**   Heading: **Planning**

Key Word(s): **Treatment Planning; Outcome Measurement; Information Systems**

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Hospital: **Atascadero State Hospital**

Purpose:
- **To automate routine aspects of the treatment planning process.**
- **To base the treatment planning process on a standard set of clinical data.**
- **To support the implementation of the BPSC model of treatment planning and delivery.**
- **To provide an efficient means for capturing and using clinical data.**

Brief Description: **CATPA is a 32-bit, Windows-95 compliant, network-based computer application developed at Atascadero State Hospital. CATPA is currently in use on each of the 28 treatment units in the hospital. All initial and quarterly treatment plans for the patient population are produced using CATPA. Skill deficits are measured by a locally developed instrument, the Atascadero Skills Profile. An instrument developed by the department of psychiatry, the Psychotropic Medication Review, measures psychiatric symptoms. The data from these two measures, considered with the priorities associated with the patient's dispositional setting (e.g., discharge to CONREP, return to CDC, etc.), provide the basis for assigning treatment.**

Selection Basis/Criteria: **As a result of the implementation of CATPA:**

- **More information is available to the clinical teams for decision making and treatment planning.**
- **The consistent use of focused clinical assessment tools has enhanced treatment delivery.**
- **Electronically accessible databases have improved the process of program development and outcome evaluation.**
- **The use of standardized treatment planning process has had a positive impact on the functioning of interdisciplinary treatment teams.**
- **The information generated by CATPA has improved the ability of managers and administrators to do strategic planning.**

The following items are available regarding this Best Practice:

☐ **Photographs**   ☐ **Video Tape**   ☐ **Drawings**   ☐ **Manual**

☒ **Other: Sample Treatment Plans, CATPA Manual**

DATE SUBMITTED: September 17, 1998

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